

Leek, Ham & Brussel Sprout Gratin

Feeds 4

Prep time: 5 mins Cook time: 45 mins

Ingredients

3 Leeks thickly sliced (white and green parts)
250g Brussel sprouts - rough ends removed and finely sliced
60g butter
50g plain flour
500ml milk
2 tsp dijon mustard
100g grated cheddar cheese (plus extra for the topping)
200g baked ham cut into small pieces
Salt and pepper



Method

- 1. Heat the oven to 200C. Meanwhile, heat a drizzle of oil in a large non-stick pan with a lid. Add the leeks and shredded sprouts and fry on a medium heat for 5 minutes, stirring regularly and placing the lid on the pan in between.
- 2. Place the leeks and sprouts in an ovenproof dish.
- 3. Melt the butter in the frying pan, then stir in the flour on a heat until it starts to bubble.
- 4. Slowly add the milk a little at a time, bringing to the boil before adding more and stirring continuously.
- 5. Stir in the mustard, grated cheese and ham. Season with salt and pepper.
- 6. Pour the cheese sauce over the veg and give it a good stir.
- 7. Top with grated cheese and bake in the oven for 30 minutes until the cheese is golden brown.

Please credit <u>www.Britishleeks.co.uk</u>, photography, recipe & styling by <u>Amy Sheppard</u>.